

The Self Mastery School of Tantra



Modules of the Self Mastery School of Tantra

Module 1 - Self Mastery (compulsory)

The SELF MASTERY module of study accounts for 20% of the potential life transformation created via The One Year Training. This module needs to be focused on in conjunction with the Tantra Module as the development of the mastery of your energy and consciousness is a precursor to your self mastery of Tantra.

This module is made from:

- a monthly self mastery newsletter which holds tips and keys for the self mastery of your energy and consciousness in daily life;
- a series of self mastery energy/consciousness practices, received via audio recordings over the year (one to work with over each month).

This module is also supported by the “Self Mastery Package” each student receives at the beginning of the school. This includes:

- the self mastery manual of teachings and divine dispensations for the path of self mastery;
- sacred images that transform energy and consciousness through sacred sound. These support the alignment of your consciousness and energy to self mastery, your God Presence and your Presence’s mastery (known as your keepership);
- The receiving of your God Presence Name, which may be mantraed to open your divine connection to all of life and Spirit;
- The receiving of your Divine Presence’s field of Mastery or Keepership, held on the spiritual planes, and an audio recording that supports a soul to receive this higher connection.

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Module 2 - Divine Presence Linkups (compulsory)

The DIVINE PRESENCE module of study accounts for 15% of the potential transformation found through interaction with this program, and therefore it is highly recommended that all students attend as many linkups as possible. 80% of the linkups are required for completion of your one year training.

This module is made from a series of audio recordings that support the “new moon meditation linkups”. Every student is asked to listen to this meditation upon each new moon. Each linkup meditation is approximately one hour in length. These are designed to support each student of the school open a deeper connection to their Divine Presence.

Module 3 - Tantra (compulsory)

This TANTRA module of study accounts for 25% of the potential life transformation created through interaction with this program. This module needs to be focused on in conjunction with the Self Mastery Module, as the development of the mastery of your energy and consciousness is a precursor to your self mastery of Tantra.

This module is made from:

- a series of Tantric practises offering via high quality audio recording (one a month);
- a series of Tantra energy maps that facilitate a students understanding of how to move their Tantric energy through the chakras for different purposes;
- Clearing of Tantric blockages through the use of the Tantra Template, an audio-visual based healing tool for Tantric connection and clearing;
- a series of Tantric teachings offered via high quality audio recording (two- three a month);
- a monthly Tantra newsletter which holds tips and keys for the balance and union of your feminine/ masculine energies in daily life, your intimate relationships and your Tantric path with or without a life partner;
- a series of trainings (through on-line chatroom), on the clearing of your Tantric Heart.

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Module 4 - Tantric Heart Practitioner (elective)

The TANTRIC PRACTITIONER module is made from:

- a series of trainings (through an online chat room) on the process of making a clear connection through either their Solar Channel (Divine Masculine) or Lunar Channel (Divine Feminine) to Divine Presence. This is done for the purpose of transmitting divine truth and love from the spiritual planes to another via the open heart;
- a series of trainings (through an online chat room) on the process of preparation for Tantric Heart Healing via creating a clear connection to one's Divine Presence and the Illumined Ones;
- a series of trainings (through an online chat room) on how to offer a Tantric Heart Session to a client as a Tantric Practitioner;
- The student's practise sessions with volunteers;
- Student assessment of the student's offer of a Tantric Healing Session to a client.

Module 5 - Personal Contact Sessions with your Student Guide (compulsory)

The DIVINE ASSISTANCE module is made from:

- 11 personal contact sessions with a mumara (student guide) of the Self Mastery Program. These one hour sessions are received either by phone, skype, or chat, and are received once a month throughout the year. Every student is assigned a mumara to work with for the year that will support them to move through their training and assist them with their own clearing and healing. This mumara will also be witness to their student practise of offering a client a Tantric healing session for their one hour final assessment (a twelfth session with their mumara).
- Monthly Student Briefs via emails from your mumara, regarding the most important aspects of the training that each student is recommended to make their focus of study/practise during next month ahead.